

CLAIMS

1. A low friction fabric consisting of a first layer of woven material with an upper and lower identical surface attached to a second layer of woven material, with an upper and lower identical surface, where the entire said lower surface of said first layer is in contact with the entire said upper surface of said second layer, and a means of securing said combined layers to third object.
2. The low friction fabric of claim 1 where the third object is a part of the human body.
3. The low friction fabric of claim 2 where said means is a third fabric layer in a shape appropriate to conform with the portion of the human body to which the low friction fabric is being attached.
4. The low friction fabric of claim 2 where said means is a sock.
5. A low friction fabric consisting of a first layer of woven polyester fibers with an upper and lower identical surface attached to a second layer of woven polyester fibers, with an upper and lower identical surface, where the entire said lower surface of said first layer is in contact with the entire said upper surface of said second layer and where the weaves of said layers are place at a 90 degree angle to one another, and a means of securing said combined layers to a particular portion of the human body
6. The low friction material of claim 5 where the said means is a third fabric layer in a shape appropriate to conform with the portion of the human body to which the low friction fabric is being attached.
7. The low friction material of claim 5 where the said means is a sock.